



2019 Arafura Games

Weightlifting

Competition Information

Table of Contents

Event Contacts	Error! Bookmark not defined.
Accreditation	Error! Bookmark not defined.
Competition Venue	Error! Bookmark not defined.
Weigh – In.....	Error! Bookmark not defined.
Sauna	Error! Bookmark not defined.
Training.....	Error! Bookmark not defined.
Verification of Final Entries	Error! Bookmark not defined.
Doping Control.....	Error! Bookmark not defined.
Competition Regulations	Error! Bookmark not defined.
Events	Error! Bookmark not defined.
Awards.....	Error! Bookmark not defined.
Transportation.....	Error! Bookmark not defined.
Barbells	Error! Bookmark not defined.
Maps	Error! Bookmark not defined.
Competition Schedule	Error! Bookmark not defined.
Preliminary Entries – Men.....	Error! Bookmark not defined.
Preliminary Entries – Women.....	Error! Bookmark not defined.
Technical Officials Schedule	Error! Bookmark not defined.

Event Contacts

Ian Moir +61 417 744 981
Bowen Stuart +61 402 922 664

Accreditation

Registered participants can obtain their accreditation at the Games Accreditation Centre located in the Darwin Convention Centre, Stokes Hill Rd, Darwin Waterfront. Photo ID is required to collect accreditation.

Competition Venue

Hall 3
Darwin Convention Centre
Stokes Hill Rd
Darwin Waterfront NT 0801

Weigh – In

Darwin Convention Centre – Hall 2

All competitors must present their Passport or Australian Driver’s License at the weigh-in. Games Accreditation alone is not acceptable as ID at the weigh-in.

Sauna

Darwin Convention Centre – on the dock behind Hall 2

Friday 26th April: 14:00 – 20:00

Saturday 27th April: 07:00 – 20:00

Sunday 28th April: 07:00 – 19:30

Monday 29th April: 07:00 – 16:00

Training For Warriors (gym), 30 Daly St, Darwin City

By appointment. Tel: 0447 966 667

\$15 per person per session

Training

Training sessions must be booked in advance

Book by email: office@ntwa.net.au or text message: 0403 255 654

Gym locations will be provided when sessions are booked.

Thursday 25 April (Anzac Day)		Availability
2pm - 4pm	Darwin City	20 athletes
2pm - 4pm	Winnellie	20 athletes
Friday 26 April		
10:30am - 12pm	Darwin City	20 athletes
1:30pm - 3pm	Winnellie	20 athletes
Saturday 27 April		
12pm - 2pm	Winnellie	20 athletes
Sunday 28 April		
2pm - 4pm	Darwin City	20 athletes

Verification of Final Entries

Darwin Convention Centre

Friday 26th April, 10:00am

Or by email prior to 10:00am on 26th April: bstuart@awf.com.au

Doping Control

Doping Control will be carried out by the Australian Sports Anti-Doping Authority.

Competition Regulations

The 2019 Arafura Games Weightlifting Championships will follow the Technical and Competition Rules and Regulations (TCRR) of the International Weightlifting Federation (IWF).

Events

The Arafura Games Weightlifting Championships will be conducted in the IWF Bodyweight Categories for Men and Women.

Men: 55kg, 61kg, 67kg, 73kg, 81kg, 89kg, 96kg, 102kg, 109kg, +109kg.

Women: 45kg, 49kg, 55kg, 59kg, 64kg, 71kg, 76kg, 81kg, 87kg, +87kg.

There is no limit to the number of athletes per category per nation.

Awards

Gold, Silver and Bronze medals will be awarded in each bodyweight category according to the Total only. In the case of two or more athletes achieving the same Total, IWF TCRR 6.8.2 applies.

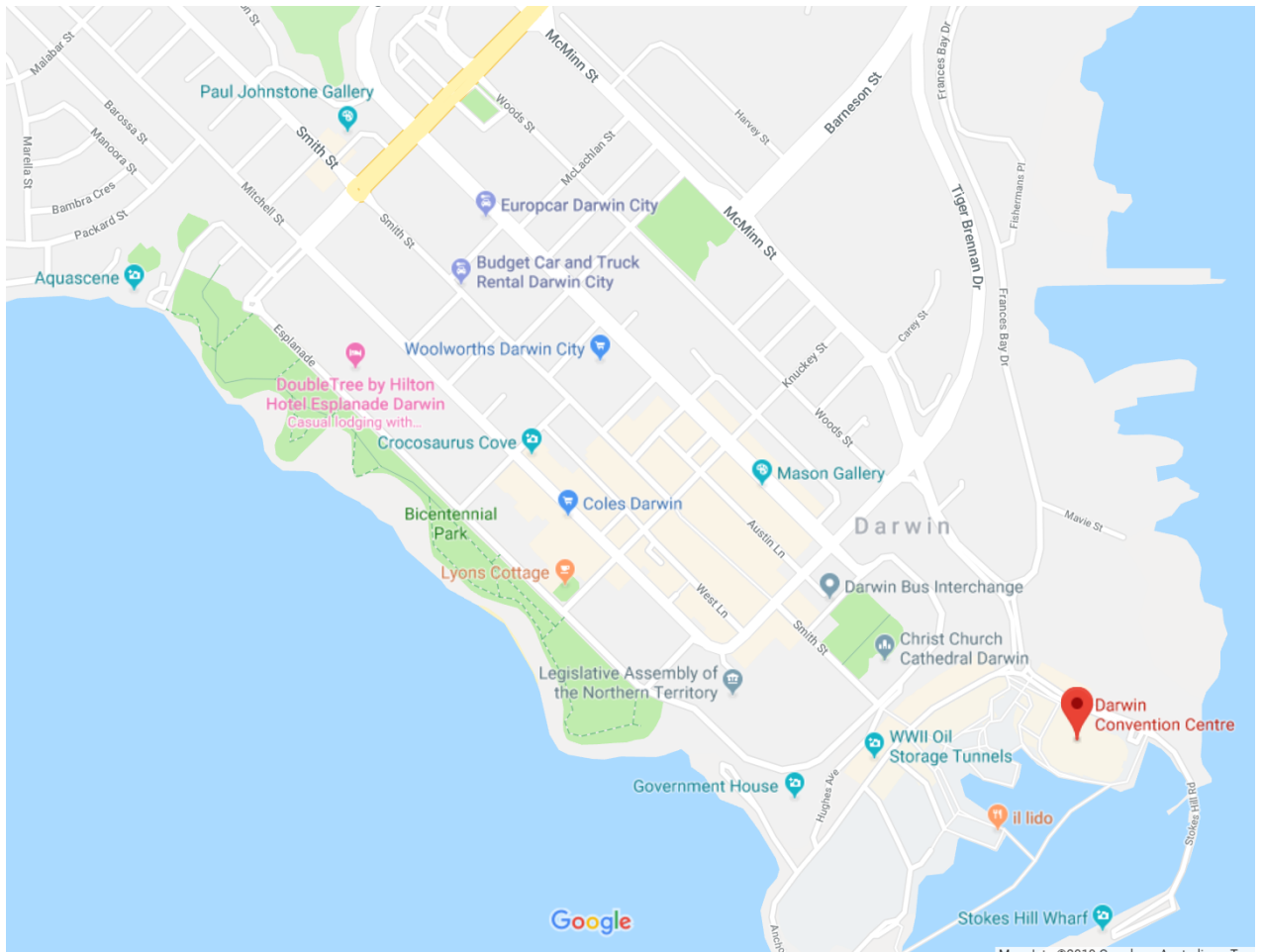
Transportation

Airport transfer services will be provided by the Organising Committee for all participants who have registered their arrival and departure details with the Organising Committee. A Games Transport Service will operate within the Darwin Central Business District for accredited participants. Arafura Games accreditation will also be valid for free travel on the public transport bus system during the Games.

Barbells

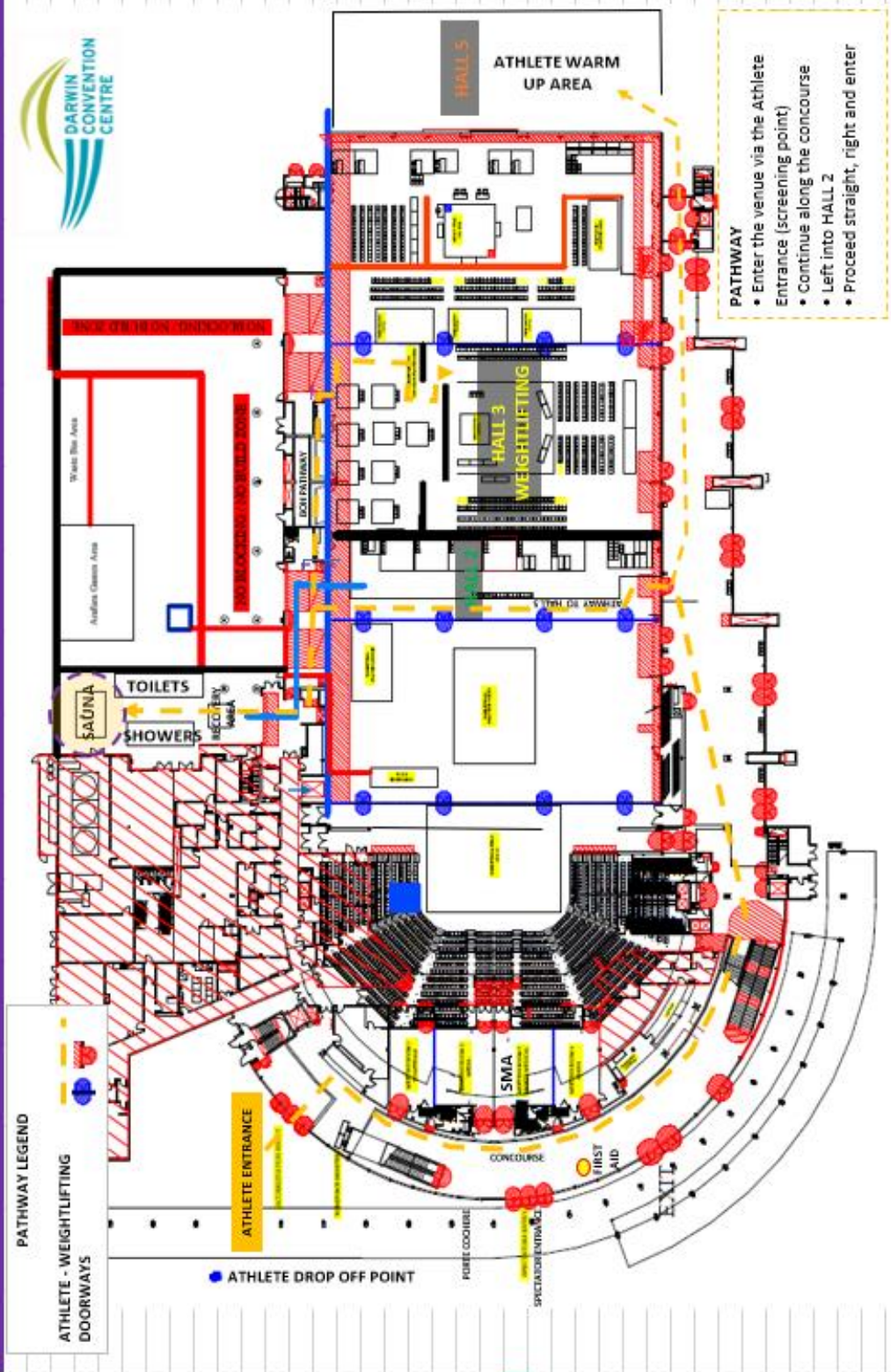
IWF approved equipment will be used at the Arafura Games. The competition barbell will be ZKC.

Maps



AG2019 - Darwin Convention Centre

HALL 3 - WEIGHTLIFTING ATHLETE PATHWAYS



Competition Schedule

Date/Time	Activity	Gender	Category
Friday 26 April 2019			
Before 10:00 ACST	Verification of Final Entries	By email to bstuart@awf.com.au or text +61 402 922 664	
10:00 - 11:00 ACST	Verification of Final Entries	In person at the competition venue	
15:00 - 15:45 ACST	Technical Officials Meeting	Competition venue	
Saturday 27 April 2019			
08:00 - 09:00	Weigh-in	Women	45kg, 49kg, 55kg
10:00 - 13:00	Competition	Women	45kg, 49kg, 55kg
11:30 - 12:30	Weigh-in	Men	55kg, 61kg, 67kg
13:30 - 16:30	Competition	Men	55kg, 61kg, 67kg
15:00 - 16:00	Weigh-in	Women	59kg, 64kg
17:00 - 20:00	Competition	Women	59kg, 64kg
Sunday 28 April 2019			
08:00 - 09:00	Weigh-in	Men	73kg
10:00 - 13:00	Competition	Men	73kg
11:30 - 12:30	Weigh-in	Women	71kg, 76kg
13:30 - 16:30	Competition	Women	71kg, 76kg
15:00 - 16:00	Weigh-in	Men	81kg
17:00 - 19:30	Competition	Men	81kg
Monday 29 April 2019			
08:00 - 09:00	Weigh-in	Men	89kg, 96kg
10:00 - 13:00	Competition	Men	89kg, 96kg
11:30 - 12:30	Weigh-in	Women	81kg, 87kg, +87kg
13:30 - 16:30	Competition	Women	81kg, 87kg, +87kg
15:00 - 16:00	Weigh-in	Men	102kg, 109kg, +109kg
17:00 - 20:00	Competition	Men	102kg, 109kg, +109kg

