

# 2019 Arafura Games

## Athletics Program

Saturday, 27 April 2019 | Day 1  
Session 1 | 9:00am – 3:00pm

Track				Field			
Time	Event	Heat/Final	M/F	Time	Event	Heat/Final	M/F
9:00am	100m	Heats	F	10:00am	Hammer	Final	M
9:15am	100m	Heats	M	10:00am	Shot Put (ambulant)	Final	F
9:30am	100 (ambulant)	Heats	F	11:30am	Shot Put	Final	F
10:00am	100m (wheelchair)	Heats	F	1:00pm	Shot Put (wheelchair)	Final	F
10:30am	100m (wheelchair)	Heats	M				
11:00am	100m (ambulant)	Heats	M				
11:30am	400m	Heats	F				
11:45am	400m	Heats	M				
12:00pm	400m (ambulant)	Heats	F				
12:30pm	400m (ambulant)	Heats	M				
1:00pm	400m (wheelchair)	Heats	F				
1:30pm	400m (wheelchair)	Heats	M				

Saturday, 27 April 2019 | Day 1  
Session 2 | 5:00pm – 9:00pm

Track				Field			
Time	Event	Heat/Final	M/F	Time	Event	Heat/Final	M/F
5:00pm	3000m Steeple	Final	F	5:00pm	Javelin	Final	M
5:30pm	3000m Steeple	Final	M	5:00pm	Long Jump (ambulant)	Final	F
6:00pm	100m	Final	F	6:30pm	Javelin (ambulant)	Final	M
6:05pm	100m (ambulant)	Final	F	6:30pm	Long Jump	Final	F
6:10pm	100m (wheelchair)	Final	F	7:00pm	Triple Jump (ambulant)	Final	M
6:15pm	100m (wheelchair)	Final	M	8:00pm	Javelin (wheelchair)	Final	M
6:20pm	100m (ambulant)	Final	M	8:00pm	Triple Jump	Final	M
6:25pm	100m	Final	M				
6:30pm	400m	Final	F				
6:35pm	400m (ambulant)	Final	F				
6:45pm	400m (wheelchair)	Final	F				
7:00pm	400m (wheelchair)	Final	M				
7:15pm	400m (ambulant)	Final	M				
7:30pm	400m	Final	M				
7:45pm	4 x 100m	Final	F				
8:00pm	4 x 100m	Final	M				

**Sunday, 28 April 2019 | Day 2**  
**Session 3 | 7:00am - 3:00pm**

Track				Field			
Time	Event	Heat/Final	M/F	Time	Event	Heat/Final	M/F
7:00am	10,000m (ambulant)	Final	F	10:00am	Hammer	Final	F
7:45am	10,000m	Final	F	10:00am	Shot Put (ambulant)	Final	M
8:30am	10,000m (ambulant)	Final	M	11:30am	Shot Put	Final	M
9:15am	10,000m	Final	M	1:00pm	Shot Put (wheelchair)	Final	M
10:00pm	200m (ambulant)	Heats	F				
10:15pm	200m (ambulant)	Heats	M				
10:30pm	200m (wheelchair)	Heats	F				
10:45pm	200m (wheelchair)	Heats	M				
11:00pm	200m	Heats	F				
11:15pm	200m	Heats	M				
11:30pm	1500m (ambulant)	Heats	F				
11:45pm	1500m (ambulant)	Heats	M				
11:55pm	1500m	Heats	F				
12:05pm	1500m	Heats	M				
12:15pm	1500m (wheelchair)	Heats	F				
12:30pm	1500m (wheelchair)	Heats	M				

**Sunday, 28 April 2019 | Day 2**  
**Session 4 | 4:00pm - 9:00pm**

Track				Field			
Time	Event	Heat/Final	M/F	Time	Event	Heat/Final	M/F
4:00pm	10,000m (wheelchair)	Final	F	5:00pm	Javelin	Final	F
4:45pm	10,000m (wheelchair)	Final	M	5:00pm	Long Jump	Final	M
5:30pm	5000w	Final	F	6:30pm	Javelin (ambulant)	Final	F
6:00pm	5000w	Final	M	6:30pm	Long Jump (ambulant)	Final	M
6:30pm	200m	Final	F	7:00pm	Triple Jump (ambulant)	Final	F
6:35pm	200m	Final	M	8:00pm	Javelin (wheelchair)	Final	F
6:40pm	200m (ambulant)	Final	F	8:00pm	Triple Jump	Final	F
6:45pm	200m (ambulant)	Final	M				
6:50pm	200m (wheelchair)	Final	F				
6:55pm	200m (wheelchair)	Final	M				
7:00pm	1500m (wheelchair)	Final	F				
7:10pm	1500m (wheelchair)	Final	M				
7:20pm	1500m	Final	F				
7:27pm	1500m	Final	M				
7:34pm	1500m (ambulant)	Final	F				
7:44pm	1500m (ambulant)	Final	M				
7:51pm	Hybrid Relay	Final	F/M				
7:55pm	100m Hurdles	Final	F				
8:00pm	110m Hurdles	Final	M				

**Monday, 29 April 2019 | Day 3**  
**Session 5 | 8:00am – 1:00pm**

Track				Field			
Time	Event	Heat/Final	M/F	Time	Event	Heat/Final	M/F
8:00am	400m Hurdles	Final	F	9:00am	High Jump	Final	M
8:10am	400m Hurdles	Final	M	9:00am	Discus (ambulant)	Final	F
8:20am	800m	Heats	F	10:30am	Discus	Final	F
8:30am	800m (ambulant)	Heats	F	10:30am	High Jump (ambulant)	Final	M
8:40am	800m (wheelchair)	Heats	F	12:00pm	Discus (wheelchair)	Final	F
8:50am	800m (wheelchair)	Heats	M				
9:00am	800m	Heats	M				
9:10am	800m (ambulant)	Heats	M				
9:20am	4 x 400m	Final	F				
9:30am	4 x 400m	Final	M				

**Monday, 29 April 2019 | Day 3**  
**Session 6 | 5:00pm – 9:00pm**

Track				Field			
Time	Event	Heat/Final	M/F	Time	Event	Heat/Final	M/F
5:00pm	5000m	Final	F	5:00pm	High Jump	Final	F
5:30pm	5000m (ambulant)	Final	F	5:00pm	Discus (wheelchair)	Final	M
6:00pm	5000m (wheelchair)	Final	F	6:30pm	Discus (ambulant)	Final	M
6:15pm	800m	Final	M	6:45pm	High Jump (ambulant)	Final	F
6:30pm	800m (ambulant)	Final	F	8:00pm	Discus	Final	M
6:45pm	800m	Final	F				
7:00pm	800m (wheelchair)	Final	F				
7:15pm	800m (wheelchair)	Final	M				
7:30pm	800m (ambulant)	Final	M				
7:45pm	5000m (ambulant)	Final	M				
8:15pm	5000m	Final	M				
8:45pm	5000m (wheelchair)	Final	M				

*\*All above times are subject to change based on entries and final schedule.*